

Adalida

Choreographed by Val Reeves

Description: 32 count, 4 wall, beginner line dance

Music: Adalida by George Strait [152 bpm]

Start dancing on lyrics

TOUCH HEEL, HOOK, TOUCH HEEL, BACK

1-4 Touch right heel forward, hook under left knee, touch right heel forward, back in place

5-8 Touch left heel forward, hook under right knee, touch left heel forward, back in place

TOUCH TOE, TOGETHER, STEP SIDE, TOUCH TOGETHER

9-12 Right toe touch to side, touch right together, step right to side, touch left together

13-16 Left toe touch left, touch left together, step left to side, touch right together

SIDE TOUCHES, GRAPEVINE RIGHT

17-20 Step right to side, left touch beside right, step left to side, right touch beside left

21-24 Step right to side, cross left behind right, step right to side, left touch

TURNING VINE LEFT, JAZZ BOX

25-28 Step left to side, cross right behind left, left step left turning $\frac{1}{4}$ turn left, brush right

29-32 Cross right over left, step left back, step right to side, step left together

REPEAT