

## All Day Long

Choreographed by Gary Lafferty

Description: 64 count, 2 wall, intermediate line dance

Musik: Mr. Mom by Lonestar [172 bpm]

Start dancing on lyrics

### RIGHT TOE-STRUT, LEFT TOE-STRUT, KICK-OUT-OUT

1-4 Touch right foot forward, lower right heel to floor, touch left foot forward, lower left heel  
5-8 Kick right forward, step right to side, step left to side, hold

### SAILOR SCUFF & SAILOR STEP

1-4 Cross right behind left, step left to side, scuff right forward, step right to side  
5-8 Cross left behind right, step right to side, step left to side, hold

### BEHIND-SIDE-FRONT, LEFT SCISSOR STEP

1-4 Cross right behind left, step left to side, cross/step right foot over left, hold  
5-8 Step left to side, step on right foot beside left, cross/step left foot over right, hold

### SIDE, BEHIND, SIDE, IN FRONT, SIDE, HOLD, ROCK STEP

1-4 Step to right on right, cross/step left behind right, step to right on right, cross/step left over right  
5-8 Step to right on right, hold, cross/rock left behind right, recover to right

### RUMBA BOX (SIDE, TOGETHER, FORWARD, HOLD; SIDE, TOGETHER, BACK, HOLD)

1-4 Step left to side, step on right foot beside left, step left forward, hold  
5-8 Step right to side, step on left foot beside right, step right back, hold

### BACK-LOCK-BACK, KICK, RIGHT COASTER-CROSS, STEP LEFT

1-4 Step left back, lock-step right foot over left, step left back, kick right forward  
5-8 Step right back, step on left foot beside right, cross/step right foot over left, step left to side

### ROCK BEHIND & SIDE, LEFT COASTER STEP

1-4 Cross/rock right behind left, recover to left, step right to side, hold  
5-8 Step left back, step on right foot beside left, step left forward, hold

### ROCK FORWARD & BACK & STEP FORWARD, ½ TURN

1-4 Rock right forward, recover to left, rock right back, recover to left  
5-8 Step right forward, hold, pivot ½ turn to left, hold

### REPEAT

### TAG & RESTART

On the third wall, you will do the first 16 counts (up to & incl. The sailor scuff & sailor step) facing the front. You will then do the 4-count tag, and then restart the dance from count 1 (toe-struts) facing the back wall

### STEP FORWARD, HOLD, ½ TURN, HOLD

1-4 Step right forward, hold, pivot ½ turn to left, hold