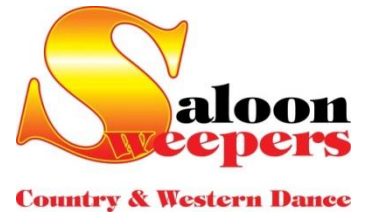


Ballymore Boys

Choreographed by Dynamite Dot



Description: 32 Count, Intermediate, 4 Wall

Musik: The Boys From Ballymore by ShamRok

POINT BACK- $\frac{1}{2}$ TURN RIGHT, STEP- $\frac{1}{2}$ TURN RIGHT, DIP DOWN AND UP, RIGHT TOE FOR-WARD, LEFT TOE SIDE

- 1-2 Point right toe back, pivot $\frac{1}{2}$ turn right
- 3-4 Step left forward, pivot $\frac{1}{2}$ turn right (weight on left)
- 5-6 Right foot is slightly forward bending knees dip down and up (hands on thighs)
- 7&8 Touch right toe forward, step right next to left, touch left toe to left side

LEFT AND RIGHT SAILOR, LEFT SAILOR WITH $\frac{1}{4}$ TURN LEFT, SHUFFLE

- 1&2 Step left behind right, step right to right side, step left to left side
- 3&4 Step right behind left, step left to left side, step right to right side
- 5&6 Making $\frac{1}{4}$ turn left step left behind right, step right to right side, step left to left side
- 7&8 Shuffle forward on right-left-right

FULL TURN FORWARD, BUMP LEFT-RIGHT-LEFT, SHUFFLE BACK, $\frac{1}{2}$ TURN SHUFFLE

- 1-2 On ball of right turn $\frac{1}{2}$ right stepping back on left, on ball of left turn $\frac{1}{2}$ right stepping forward on right
- 3&4 Step left forward bumping hips forward, bump hips back, bump hips forward
- 5&6 Shuffle back on right-left-right
- & On ball of right make $\frac{1}{2}$ turn left
- 7&8 Shuffle forward on left-right-left

STEP- $\frac{1}{2}$ TURN, SIDE SWITCHES, HEEL SWITCHES, CLAPS

- 1-2 Step forward on right, pivot $\frac{1}{2}$ turn left
- 3&4 Touch right toe to right side, step right next to left, touch left toe to left side
- &5 Step left next to right, touch right heel forward
- &6 Step right next to left, touch left heel forward
- &7 Step left next to right, touch right heel forward
- &8 Clap hands twice

REPEAT