

Bleeding Hearts

Choreographed by Dan Albro (Feb. 11, 2019)

Especially for: Saone Country 10th Anniversary February 2019

Description: 56 count, Intermediate Pattern Partner Dance

Music: "**Bloodline**" by: Harper Grae

* When dancing to **Bloodline**, 5th repetition: Dance 32 counts add 2 steps then continue with pattern.
(man fwd R,L – lady back L,R)

Intro: 8 count intro, start with vocals

Start: Facing FLOD, Ladies outside, men inside, single hand hold.

Mans footwork described, ladies opposite except where noted.

- 1-8 WALK, WALK, KICK BALL CHANGE, ROCK, REPLACE, ¼ SHUFFLE SIDE
1,2,3&4 Step fwd R, step fwd L, kick fwd R, step back on ball of R, step fwd L
5,6,7&8 Rock fwd R, replace weight on L, turn ¼ right stepping side R, step L next to R, step side R
HANDS: Count 7: release ladies left & pick up ladies right in mans left.
- 9-16 ROCK, REPLACE, SHUFFLE SIDE, CROSS OVER, STEP SIDE, BEHIND, SIDE, OVER
1,2,3&4 Cross rock L over R, replace weight on R, step side L, step R next to L, step side L
5,6,7&8 Step R over L, step side L, step R behind L, step side L, step R over L
HANDS: Count 3: pick up ladies left. Count 5: release ladies right & pick back up on Count 6.
- 17-24 TRAVELING FLOD SHUFFLE ¼ TURN, SHUFFLE ½ TURN, SHUFFLE BACK, ROCK, REPLACE
1&2 Man Turn ¼ left stepping fwd L into closed social position, step R next to L, step fwd L
3&4 Turn ¼ left stepping side R, step L next to R, turn ¼ left stepping back R
5&6,7,8 Step back L, step R next to L, step back L, rock back R, replace weight L
1&2 Lady Turn ¼ left stepping side R in front of man(into closed social), step L next to R, step side R
3&4 Turn ¼ left stepping side L, step R next to L, turn ¼ left stepping fwd L
5&6,7,8 Step fwd R, step L next to R, rock fwd R, rock fwd L, replace weight on R
HANDS: Count 1: place mans right on ladies back – into closed social position.
- 25-32 ROCK, REPLACE, SHUFFLE, ROCK, REPLACE, SHUFFLE
1,2,3&4 Rock fwd R, replace weight on L, step back R, step L next to R, step back R
5,6,7&8 Rock back L, replace weight on R, step fwd L, step R next to L, step fwd L
* 5th repetition: Bonus steps (man fwd R,L – lady back L,R) then continue.
- 33-40 (HE TURNS, SHE TURNS) STEP ½ TURN, SHUFFLE ½ TURN, ROCK, REPLACE, SHUFFLE FWD
1,2,3 Man Step fwd R, pivot ½ left (weight on L), turn ¼ left stepping side R
&4 Step L next to R, turn ¼ left stepping back R
5,6 7&8 Rock back L, replace weight on R, step fwd L, step R next to L, step fwd L
1,2,3&4 Lady Rock back L, replace weight on R, step fwd L, step R next to L, step fwd L
5,6,7 Step fwd R, pivot ½ left (weight on L), turn ¼ left stepping side R
&8 Step L next to R, turn ¼ left stepping back R
HANDS: Drop hands on count 1, pick up both hands on count 8
- 41-48 ROCK, REPLACE, SHUFFLE ¼ TURN LEADING LADY OUT, TURN LADY, SHUFFLE FWD
1,2,3& Man Rock fwd R, replace weight on L, step back R, turn ¼ left stepping side L
4,5,6 Step R next to L, turn ¼ left stepping fwd L (turning lady), step fwd R
7&8 Step fwd L, step R next to L, step fwd L
1,2,3& Lady Rock back L, replace weight R, step fwd L step R next to L, step fwd L
4,5,6 Step fwd R, turn ½ right stepping back L, turn ¼ right stepping side R
7&8 Step L next to R, turn ¼ right stepping fwd R
HANDS: Count 4: release ladies left. Count 6 release ladies right and pick up ladies left
- 49-56 STEP, LOCK, SHUFFLE FWD, STEP, LOCK, SHUFFLE FWD
1,2,3&4 Step fwd R, cross lock L behind R, step fwd R, step L next to R, step fwd R
5,6,7&8 Step fwd L, cross lock R behind L, step fwd L, step R next to L, step fwd L



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