

## Cowboy Swingin'

Choreographed by Knox Rhine

Description: 32 count, 2 wall, beginner line dance

Musik: Swingin' With The Cowboys by George Lee Jr. And The Crazed Cowboys [96 bpm]  
Swingin' by John Anderson [108 bpm]

Start dancing on lyrics

### BUMP HIPS TO THE LEFT

1& Step left side and hip left, center  
2& Hip left, center  
3& Hip left, center  
4 Hip left (weight to left)

### BUMP HIPS TO THE RIGHT

& Lift right foot  
5& Step right side and hip right, center  
6& Hip right, center  
7& Hip right, center  
8 Hip right (weight to right)

### 1 ¼ PADDLE TURN RIGHT

& Lift left toe slightly  
9 Touch/push left toe to left side & pivot ¼ turn right on ball of right foot (3:00)  
& Lift left toe slightly  
10 Touch/push left toe to left side & pivot ¼ turn right on ball of right foot (6:00)  
& Lift left toe slightly  
11 Touch/push left toe to left side & pivot ½ turn right on ball of right foot (12:00)  
& Lift left toe slightly  
12 Touch/push left toe to left side & pivot ¼ turn right on ball of right foot (3:00)

### SYNCOPATED VINES LEFT & RIGHT

13 Step left side  
14&15 Cross right behind, step left side, cross right over  
16 Step left side  
17 Step right side  
18&19 Cross left behind, step right side, cross left over  
20 Step right side

### 1 ¼ PADDLE TURN RIGHT

& Lift left toe slightly  
21 Touch/push left toe to left side & pivot ¼ turn right on ball of right foot (6:00)  
& Lift left toe slightly  
22 Touch/push left toe to left side & pivot ¼ turn right on ball of right foot (9:00)  
& Lift left toe slightly  
23 Touch/push left toe to left side & pivot ½ turn right on ball of right foot (3:00)  
& Lift left toe slightly  
24 Touch/push left toe to left side & pivot ¼ turn right on ball of right foot (6:00)

### ROCK-STEP, SHUFFLE BACK, ROCK-STEP, SHUFFLE FORWARD

25-26 Rock left forward, recover to right  
27&28 Chassé back left-right-left  
29-30 Rock right back, recover to left  
31&32 Chassé forward right-left-right

### REPEAT