

Helluva Polka

Choreographed by Kathy Hunyadi

Description: 32 count, 4 wall, beginner polka line dance
Musik: If You're Going Through Hell by Rodney Atkins
Oklahoma Swing by Vince Gill & Reba McEntire

RIGHT SHUFFLE, LEFT SHUFFLE, ½ TURN LEFT, RIGHT SHUFFLE BACK, LEFT SAILOR TURNING ¼ LEFT

1&2 Shuffle forward right, left, right
3&4 Shuffle forward left, right, left
5&6 Turn ½ left and shuffle back right, left, right
7&8 Step left behind right and at same time turn ¼ left, step right to side, step left in place

WALK, WALK, STEP, HEEL SWIVELS, WALK, WALK, ROCK & ¼ TURN LEFT

1-2 Step forward right, step forward left
3&4 Step right forward, swivel both heels to right & back to center (weight ends on right)
5-6 Step forward left, step forward right
7&8 Rock forward on left, recover weight to right, turn ¼ left stepping left to side

CROSSING SHUFFLE, ¼ TURN SHUFFLE, ¼ TURN SHUFFLE, CROSS ROCK, ¼ LEFT TURN

1&2 Cross right foot over left, step slightly left on left, cross right foot over left
3&4 Turn ¼ right while stepping back on left, step right beside left, step left slightly back
5&6 Turn ¼ right while stepping right to side, step left beside right, step right slightly to side
7&8 Rock left forward and across right, recover weight to right, turn ¼ left stepping forward on left

HEEL SWITCHES, HOLD, CLAP TWICE, HEEL SWITCHES, HOLD, CLAP TWICE, QUICK STEP BACK

1&2& Touch right heel forward, step right home, touch left heel forward, step left home
3&4 Touch right heel forward, hold, clap hands twice
&5&6& Step right home, touch left heel forward, step left home, touch right heel forward, step right home
7&8& Touch left heel forward, hold, clap hands twice, quickly step left back

REPEAT