

## Irish Stew

Choreographed by Lois Lightfoot

Description: 32 count, 4 wall, beginner/intermediate line dance

Musik: Irish Stew by The Sham Rock [125 bpm]  
Women Rule The World by Lonestar]  
Days Go By by Keith Urban [132 bpm]  
Sold by John Michael Montgomery [120 bpm]

Tell Me Ma by The Sham Rock [144 bpm]

Start dancing on lyrics

### **SIDE SWITCHES, CLAP TWICE, HEEL SWITCHES FORWARD, CLAP TWICE**

1& Touch right to side, step right together  
2& Touch left to side, step left together  
3&4 Touch right to side, clap, clap  
5& Touch right heel forward, step right together  
6& Touch left heel forward, step left together  
7&8 Touch right heel forward, clap, clap

### **SHUFFLE FORWARD, ROCK RECOVER, COASTER STEP, TURN ½**

1&2 Chassé forward right, left, right  
3-4 Rock left forward, recover to right  
5&6 Step left back, step right together, step left forward  
7-8 Step right forward, turn ½ left (weight to left)

### **RIGHT CROSS ROCK, CHASSE SIDE, LEFT CROSS ROCK CHASSE SIDE**

1-2 Cross/rock right over left, recover to left  
3&4 Chassé side right, left, right  
5-6 Cross/rock left over right, recover to right  
7&8 Chassé side left, right, left

### **TOE TOUCHES, SAILORS SHUFFLE, TOE TOUCHES, SAILORS TURN ¼ LEFT**

1-2 Touch right forward, touch right to side  
3&4 Right sailor step  
5-6 Touch left forward, touch left to side  
7&8 Cross left behind right, turn ¼ left and step right to side, step left to side

### **REPEAT**