

# Lord Help Me

Choreographed by Marie Sørensen (Sunshine Cowgirl)

Description: 32 Counts, 4 Wall, Improver

Music: "Lord help me be the kind of person" by The Bellamy Brothers



Intro: 16 Counts - No Tags, No Restart !

## **RHUMBA LEFT, RHUMBA RIGHT, WALK, WALK, COASTER CROSS**

1&2 Step left to left side, step right next to left, step left fwd  
3&4 Step right to right side, step left next to right, step right back  
5-6 Walk back left, right  
7&8 Step back on left, step right next to left, cross left over right (12:00)

## **STOMP, SWIVEL, BEHIND, SIDE, CROSS, POINT, TOUCH, POINT, BEHIND, SIDE, CROSS**

1&2 Stomp right fwd. swivel right heel to the right side, swivel right heel to center (Weight on left)  
3&4 Cross right behind left, step left to left side, cross right over left  
5&6 Point left to left side (out), touch left beside right (in), point left to left side (out)  
7&8 Cross left behind right, step right to right side, cross left over right (12:00)

## **SIDE, BEHIND, 1/4 TURN SHUFFLE, STEP 3/4 RIGHT, CHASSE LEFT**

1-2 Step right to right side, cross left behind right  
3&4 1/4 turn right, step fwd. right, step left next to right, step fwd. right (03:00)  
5-6 Step fwd. left, 3/4 turn right (Weight in right)  
7&8 Step left to left side, step right next to left, step left to left side (12:00)

## **BACK ROCK, RECOVER, MONTEREY 1/4 TURN, BACK ROCK, RECOVER, KICK BALL CROSS**

1-2 Back rock right, recover  
3&4 Point right to right side, 1/4 turn right, step right next to left, point left to left side  
5-6 Back rock left, recover  
7&8 Kick left fwd. step left in place, cross right over left (03:00)

## **RESTART**

Have Fun!