

## Tender Hearts

Choreographed by Donna Marie Bilodeau

Description: 32 count, beginner/intermediate partner dance  
Musik: Tender Heart by Lionel Richie  
Here Is My Heart by Lionel Richie  
Paradise by Kaci  
Burn by Jo Dee Messina  
Best Years Of Our Lives by The Baha Men

### STEP, LOCK, TRIPLE, STEP, BUMP BACK, FORWARD, BACK, FORWARD

1 Step forward on right foot  
2 Lock left foot behind right foot  
3&4 Step forward on right foot, step left foot next to right, step right foot forward  
5 Step left foot forward  
6 Bump right hip back  
7&8 Bump left hip forward, right hip back, left hip forward

### STEP, RECOVER, ½ TURN TRIPLE, STEP, PIVOT ½ TURN, TRIPLE

1 Step forward on right foot  
2 Replace weight on left foot  
3&4 Turn ½ right as you triple step right, left, right (RLOD)  
5 Step forward on left foot  
6 Drop left hands turn ½ right replacing weight on right foot (LOD)  
7&8 Reconnect left hands triple forward left, right, left

### MAN: WALK, WALK, TRIPLE, WALK, WALK, TRIPLE

### LADY: TURN, TURN, TRIPLE, TURN, TURN, TRIPLE

1-2 MAN: Walk forward on right foot, walk forward on left foot  
LADY: Drop left hands ½ turn left (LOD) step back on right foot, ½ turn left (LOD) step forward on left foot  
3&4 Reconnect left hands triple forward, right, left, right  
5-6 MAN: Walk forward on left foot, walk forward on right foot  
LADY: Drop left hands ½ turn right (LOD) step back on left foot, ½ turn right (LOD) step forward on right foot  
7&8 Reconnect left hands triple forward, left, right, left

### STEP FORWARD, REPLACE, TRIPLE BACK, STEP BACK, REPLACE, TRIPLE FORWARD

1 Step forward on right foot  
2 Replace weight on left foot  
3&4 Triple back; right, left, right, traveling (RLOD)  
5 Step left foot back  
6 Replace weight on right foot  
7&8 Triple forward, left, right, left, traveling (LOD)

### REPEAT