

The Bomp

Choreographed by Kim Ray

Description: 64 Counts, 2 Wall, Improver
Musik: Who Put The Bomp? By The Overtones



Intro: 8 counts once music kicks in

TOE STRUTS, ROCKING CHAIR

1-2 Step forward on right toe, drop down heel
3-4 Step forward on left toe, drop down heel
5-6 Rock forward on right, recover back on left
7-8 Rock back on right, recover forward on left (12o/c)

TOE STRUTS, ROCKING CHAIR

1-2 Step forward on right toe, drop down heel
3-4 Step forward on left toe, drop down heel
5-6 Rock forward on right, recover back on left
7-8 Rock back on right, recover forward on left (12o/c)

STEP FORWARD, HOLD, ½ PIVOT TURN LEFT, HOLD, ¼ PIVOT CROSS HOLD

1-2 Step forward on right, hold
3-4 ½ pivot turn left, hold (6o/c)
5-6 Step forward on right, ¼ pivot turn left (3o/c)
7-8 Cross right over left, hold

STEP BACK LEFT, HOLD, STEP BACK RIGHT, HOLD, LEFT SHUFFLE FORWARD, HOLD

1-2 Large step back on left pushing bum back, hold
3-4 Step right next to left, hold
5-6 Step forward on left, step right next to left
7-8 Step forward on left, hold (3o/c)

SIDE STEP RIGHT, HOLD, BACK ROCK/RECOVER, SIDE STEP LEFT, HOLD, BACK ROCK/RECOVER

1-2 Large step to right side, hold
3-4 Rock back on left, recover on right
5-6 Large step to left side, hold
7-8 Rock back on right, recover on left (3o/c)

RUMBA BOX WITH HOLDS

1-2 Step side right, step left next to right
3-4 Step forward on right, hold
5-6 Step side left, step right next to left
7-8 Step back on left, hold (3o/c)

RIGHT LOCK STEP BACK, HOLD, COASTER STEP, HOLD

1-2 Step back on right, cross left over right
3-4 Step back on right, hold
5-6 Step back on left, step right next to left
7-8 Step forward on left, hold (3o/c)

WALKS FORWARD, HOLD, RUN ¾ TURN LEFT

1-2 Step forward on right, hold
3-4 Step forward on left, hold
5-6 Start to make a ¾ turn left, run round stepping right, left
7-8 Finish ¾ turn left, running round stepping right, left (6o/c)

Ending: You will finish dance facing front wall - dance first 16 counts then:-
Stomp right foot forward and splay arms to sides.

REPEAT